

MID NORTH COAST SLEEP CLINIC

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STOP BANG SLEEP TEST QUESTIONNAIRE

Please answer all questions	YES	NO
Snoring: Do you snore loudly (louder than talking or loud enough to be heard through closed doors)?	<input checked="" type="radio"/>	<input type="radio"/>
Tired: Do you often feel tired, fatigued or sleepy during daytime?	<input type="radio"/>	<input type="radio"/>
Observed: Has anyone observe you stopping breathing during your sleep?	<input type="radio"/>	<input type="radio"/>
Blood pressure: Do you have or are you being treated for high blood pressure?	<input type="radio"/>	<input type="radio"/>
BMI: Is your BMI more than 35kg/m ² ?	<input type="radio"/>	<input type="radio"/>
Age: Are you over 50 years old?	<input type="radio"/>	<input type="radio"/>
Neck Circumference: Is your neck circumference greater than 40cm/15¾"?	<input type="radio"/>	<input type="radio"/>
Gender: Are you male	<input type="radio"/>	<input type="radio"/>

is your score. Below 3 = low risk. 3 and above = high risk.

Stop Bang Sleep Test Questionnaire: Copyright @ 2012 | www.stopbang.ca | All Rights Reserved Frances Chung MBBS FRCPC

STOP-Bang score of 3–8 identifies patients with high probability of moderate/severe OSA. The STOP-Bang score can help the healthcare team to stratify patients for unrecognized OSA, practice perioperative precautions, or triage patients for diagnosis and treatment.